



DAILY AT-HOME SCHEDULE

BEFORE 9:00AM

Wake up – Eat a healthy breakfast, get dressed and brush your teeth, get supplies ready for assignments

9:00AM-12:00PM

School – Work on school assignments or self directed learning

12:00PM-1:00PM

Lunch



1:00PM-2:00PM

Be creative – Draw, practice an instrument, write a story, play a game

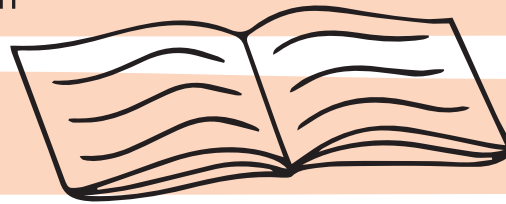


2:00PM-3:00PM

Get outside – Play a game outside, go for a bike ride, mow the lawn

3:00PM-4:00PM

Reading



4:00PM-5:00PM

Chores – Tidy your room, dust, vacuum, set the table, etc.

5:00PM-6:00PM

Tutor Doctor tutoring session
– Work with your tutor



6:00PM-7:00PM

Dinner and help clean up

7:00PM-9:00PM

Free time – Play video games, watch TV, etc.

9:00PM



Bed time